3rd INTERNATIONAL WORKSHOP ON LUNG HEALTH
Asthma & COPD: converging or diverging chronicity?

Presidents:
FRANCESCO BLASI,
GIORGIO WALTER CANONICA

Chairmen:
STEFANO CENTANNI,
JOHANN CHRISTIAN VIRCHOW,
TOBIAS WELTE

Organizing Association
AMR
ILLH

International sessions of
AMPCM

Endorsements
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Final Programme
Dear Colleagues & Friends,

It is our great pleasure to invite you to participate, and more importantly to contribute to the success of the 3rd International Workshop on Lung Health Asthma and COPD: Converging or diverging chronicity? which will take place in the beautiful city of Monaco on 15-17 January, 2016.

Following a very successful workshop in Valencia (February 2015), attended by over 500 participants and taking into account the requests of the participants themselves, in 2016 the Workshop will be dedicated to the Asthma and COPD and their impact on lung health. It will be focused on similarities and differences between the two most important chronic pathologies affecting the lungs and on overlap syndrome with new updates and developments in the discipline, including important topics such as guiding the treatment approach, the future of respiratory disease management, managing chronicity is adherence possible? and many other important aspects.

This congress, organized by AMR – Allergies et Maladies Respiratoires and by ILLH - International League on Lung Health, two international sections of the AMPCM (Association Monégasque pour le Perfectionnement des Connaissances des Médecins), offers a great opportunity to discuss these topics with the best international experts and practitioners, as well as to contribute with your own experience. This congress is the perfect setting to get the most updated state of the art information on the latest developments in research and clinical practice in the field of lung health. It also gives you the opportunity to debate on controversial issues, challenges, and solutions, and to bring your personal contribution to the area.

For young professionals it is the perfect occasion to actively participate in the congress where you can discuss your research work with internationally renowned lung health professionals. And most importantly, it gives you a unique opportunity to bond and become part of the global network of the like-minded professionals and colleagues.

We will be therefore glad if you will choose to join us and share your knowledge with your colleagues in a friendly learning environment.

Yours Sincerely,

F. Blasi
G.W. Canonica
S. Centanni
J. C. Virchow
T. Welte
**SCIENTIFIC PROGRAMME – FRIDAY, 15 JANUARY 2016**

**14.00 – 15:00  RISING STAR SESSION**

Chairs: F. Blasi, G.W. Canonica, S. Centanni, T. Welte, J.C. Virchow

14.00 – 14.15

**Influence of inhaled corticosteroids on host-defence and the lower respiratory tract microbiota**

Aran Singanayagam (UK)

14.30 – 14.45

**Serum cytokines patterns in lung transplant recipients**

Letizia Corinna Morlacchi (Italy)

Each lecture will be followed by 10’ question time and 5’ of comments and advices by the Chairmen.

**15.00 – 15.45  OPENING LECTURE**

Chair: F. Blasi (Italy)

**Severe asthma new guidelines**

*Elisabeth Bel (The Netherlands)*

**15.45 – 17.00  SESSION 1: PRO-CON:**

**Asthma management: Continuous Therapy is the choice.**

Chairs: S. Centanni (Italy), J. Bousquet (France)

15.45 – 16.05  PRO: Nicolas Roche (France)

16.05 – 16.25  CON: Alberto Papi (Italy)

16.25 – 16.35  PRO: Rebuttal

16.35 – 16.45  CON: Rebuttal

16.45 – 17.00  Discussion

**17:00 – 17.30  COFFEE BREAK**
Scientific Programme – Friday, 15 January 2016

17.30 – 18.30  Industry Sponsored Symposium

18.30 – 19.00  Keynote Lecture

Chair: A. Torres (Spain)

Pneumonia or Exacerbation of COPD
Stefano Aliberti (Italy)

19.00 – 19.30  Lecture

Chair: M. Miravitlles (Spain)

LABA/LAMA combinations: all the same?
Maria Gabriella Matera (Italy)

19.30 – 21.00  Opening Reception
08.30 – 9.00 KEYNOTE LECTURE
Chair: G.W. Canonica (Italy)
Biological drugs in asthma and COPD: 2016 update
Stephen Holgate (UK)

09.00 – 10.15 SESSION 2. GUIDING THE TREATMENT APPROACH OF ASTHMA AND COPD?
Chair: F. Di Marco (Italy)
09.00 – 09.20 Asthma Phenotyping
Mina Gaga (Greece)
09.20 – 09.40 COPD Phenotyping
Marc Miravitlles (Spain)
09.40 – 10.00 Biomarkers in Asthma and COPD
Fulvio Braido (Italy)
10.00 – 10.15 Discussion

10.15 – 10.45 INDUSTRY SPONSORED LECTURE

10.45–11.15 COFFEE BREAK

11.15 – 12.30 SESSION 3. THE FUTURE OF RESPIRATORY DISEASE MANAGEMENT
Chair: F. Blasi (Italy), J.C. Virchow (Germany)
11.15 – 11.35 The Path to Personalized Medicine in COPD
Guy Brusselle (Belgium)
11.35 – 11.55 The Path to Personalized Medicine in Asthma
Giorgio Walter Canonica (Italy)
11.55 – 12.15 Integrated Care Pathways in respiratory diseases
Jean Bousquet (France)
12.15 – 12.30 Discussion
**Scientific Programme - Saturday, 16 January 2016**

**12.30 – 13.00**  
**LECTURE**

Chair: F. Blasi (Italy)

**Symptom variability in COPD patients according to phenotypes: the STORICO study**

*Nicola Scichilone (Italy)*

Discussion

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**13.00 – 14.00**  
**LUNCH**

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**14.00 – 15.00**  
**SESSION 4. MANAGING CHRONICITY: IS ADHERENCE POSSIBLE?**

Chairs: P.A. Santus (Italy), T. Welte (Germany)

**14.00 – 14.20**  
**Adherence as crucial moment in Chronic Diseases Management**

*Fulvio Braido (Italy)*

**14.20 – 14.40**  
**Technical Features of Inhalation Devices**

*J. Christian Virchow (Germany)*

Discussion

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**15.00 – 15.30**  
**KEYNOTE LECTURE**

Chair: N. Roche (France)

**Obstructive Sleep Apnea in patients with COPD or Asthma**

*Mark Elliott (UK)*

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**15.30 – 16.00**  
**COFFEE BREAK**
### Scientific Programme - Saturday, 16 January 2016

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<th>Time</th>
<th>Session Title</th>
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<td>16.00 – 16.50</td>
<td><strong>Session 5. Remodelling: Friend or Foe?</strong></td>
<td>Chairs: J. C. Virchow (Germany), V. Brusasco (Italy)</td>
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<td>16.00 – 16.20</td>
<td>Airways remodeling: the functional side</td>
<td>Jonas Erjefalt (Sweden)</td>
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<td>16.20 – 16.40</td>
<td>Airways remodeling: the inflammatory side... and possible modulation</td>
<td>Giorgio Walter Canonica (Italy)</td>
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<td>16.40 – 16.50</td>
<td>Discussion</td>
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<td>16.50 – 17.20</td>
<td><strong>Keynote Lecture</strong></td>
<td>Chair: C. Robalo – Cordeiro (Portugal)</td>
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<td><strong>Scaling up strategies of the Chronic Respiratory Disease programme</strong></td>
<td>Jean Bousquet (France)</td>
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<td>17.20 – 17.40</td>
<td><strong>Industry Sponsored Survey Results Presentation</strong></td>
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<td>17.40 – 18.40</td>
<td><strong>Rising Star Session</strong></td>
<td>Chairs: F. Blasi, G.W. Canonica, S. Centanni, T. Welte, J.C. Virchow</td>
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<td>17.40 – 17.55</td>
<td>Circulating biomarkers in asthmatic pregnancy</td>
<td>Andras Bikov (Hungary)</td>
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<td>18.10 – 18.25</td>
<td>Risk factors for anaphylaxis and the differences in B3GAT1 and ITGB1 gene expression in patients with mastocytosis.</td>
<td>Aleksandra Górska (Poland)</td>
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*Each lecture will be followed by 10’ question time and 5’ of comments and advices by the Chairmen.*
**Scientific Programme - Sunday, 17 January 2016**

**08.00 – 09.00**
**Poster Sessions**
Chairmen: F. Blasi, G.W. Canonica, S. Centanni, J.C. Virchow, T. Welte

**09.00 – 09.30**
**Keynote Lecture**
Chair: S. Aliberti (Italy)
*COPD and Bronchiectasis: Phenotype, Endotype or Co-morbidity?*
James Chalmers (UK)

**09.30 – 10.45**
**Session 6: Asthma & COPD Control Still an Unmet Need?**
Chair: J. C. Virchow (Germany), S. Centanni (Italy)

**09.30 – 09.50**
**Asthma Control: Trials and Guidelines**
Alberto Papi (Italy)

**09.50 – 10.10**
**COPD Control: Trials and Guidelines**
Marc Miravitlles (Spain)

**10.10 – 10.30**
**Real Life Patients vs. DBPC trials**
J. Christian Virchow (Germany)

**10.30 – 10.45**
**Discussion**

**10.45 – 11.15**
**Coffee Break**

**11.15 – 11.45**
**Keynote Lecture**
Chair: T. Welte (Germany)
*Is NIV working in real life?*
Miquel Ferrer (Spain)

**11.45 – 12.15**
**Closing Lecture**
Chair: V. Brusasco (Italy)
*Do we really need ACOS?*
Mario Cazzola (Italy)

**12.15 – 13.00**
**Poster Awards & Closing Remarks**
Chair: F. Blasi, G.W. Canonica, S. Centanni, J.C. Virchow, T. Welte
INDUSTRY SPONSORED SESSIONS

DISCLAIMER: THE FOLLOWING LECTURES ARE ORGANIZED BY INDUSTRY. YOU CANNOT CLAIM CME CREDITS FOR ATTENDING THESE SESSIONS

FRIDAY, 15 JANUARY 2016

17.30 – 18.30 SYMPOSIUM. COPD: CHANGE THE PARADIGM. ORGANISED BY MENARINI

Chairs: F. Blasi (Italy), S. Centanni (Italy)

17.30 – 17.50 COPD Diagnosis: from phenotyping to real life.
Massimo Pistolesi (Italy)

17.50 – 18.10 COPD Therapy: beyond the recommendations?
Fabiano di Marco (Italy)

18.10 – 18.30 Discussion

SATURDAY, 16 JANUARY 2016

10.15 – 10.45 LECTURE ORGANISED BY ASTRAZENECA

Chair: G. Brusselle (Belgium)

Is COPD 24 hours symptoms control possible?
Alberto Papi (Italy)

Discussion

17.20 – 17.40 SURVEY RESULTS PRESENTATION ORGANISED BY GRIFOLS

Chair: J. Chalmers (UK)

Alpha-1 Antitrypsin Deficiency (AATD) and Bronchiectasis Survey Result
Francesco Blasi (Italy)

Discussion
**GENERAL INFORMATION**

**Admission**
The participant’s name badge will be provided at the registration desk. All participants are requested to wear the badge throughout the congress.

*Only badge holders will be admitted to the appropriate sessions, exhibition and social events.*

**Certificate of Attendance**
The certificate of attendance will be downloadable from the website [www.lung-health.org](http://www.lung-health.org) using your personal credentials sent by e-mail, starting from January 19th, 2016. Certificate of attendance could be delivered only to registered participants who attend the congress.

*For Sponsored Groups:* Please note that to send the certificate of attendance to each participant, we will need the personal e-mail of each participant.

**European Accreditation**
Effective presence will be checked on site. Only participants attending the sessions can ask credits certificate.

Please note that the congress has been granted with **12 European CME credits (ECMEC)** by the European Accreditation Council for Continuing Medical Education (EACCME)

Following EBAP’s evaluation, the CME activity of the 3rd International Workshop on Lung Health has been accredited by EBAP for **12 European CME credits** covering the whole program

To obtain your certificate with the UEMS Credits please log–in to [www.lung-health.org](http://www.lung-health.org), using your credential sent by e-mail, fill – in the questionnaires and receive your certificate.

Certificates will be available from **January 19th** until **February 10th**, 2016. After this date, certificates for UEMS credits will not be available anymore.

**Language**
The official language of the Congress is **English**. No simultaneous translation will be provided.

**Audio–Visual**
Equipment for computerised Power Point presentation is provided during the scientific sessions. Power Point presentations, CD-Rom or USB keys can be viewed and tested prior to presentation at the Speakers’ Corner and must be handed over to the room technicians **at least forty minutes before the beginning of the sessions** and collected directly by the speakers immediately after. It is essential for the smooth running of the sessions that all Speakers hand in their presentation in due time.

**Posters**
The Best Posters will be selected by the Scientific Committee and the Poster Prizes will be announced during the final wrap up at 11.40 on 17 January 2015. Posters can be set up on Friday, 15 January from 12:00 and dismantled Sunday, 17 Januart after 12:00.

**Secretariat**
The secretariat desk will open on Friday, 15 January and stay open all through the Congress.
ACKNOWLEDGEMENTS

The Congress Committee is grateful to the Partners who have contributed to make the congress possible and successful:

MAIN SUPPORTER

[Image of Menarini]

SUPPORTERS

[AstraZeneca, Boehringer Ingelheim, Chiesi, Grifols, Guidotti, Malesci, Teva, Zambon]

EXHIBITORS

[Taylor & Francis, Karger]

PARTNER

[Monaco: Direction du Tourisme et des Congrès]
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Monaco
15 - 17 January 2016